

# MARCH 2017 Taylor Early Childhood



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>DID YOU KNOW...</b> March was the first month of the year until the Gregorian calendar began to be used in 1752.		1 Mini Donuts ***** Fish Sticks Oven Baked Fries Assorted Fruit	2 Assorted Cereal w/ Graham Crackers ***** Cheeseburger BBQ Beans Assorted Fruit	3 Mini Pancakes ***** Dominos Cheese Pizza Green Peas Assorted Fruit
6 Mini French Toast ***** Chicken Alfredo Seasoned Green Beans Assorted Fruit	7 Assorted Cereal w/ Graham Crackers ***** National Breakfast Week! Pancakes Sausage Patty Tater Tots Assorted Fruit	8 Mini Pancakes ***** Chicken Patty Sandwich Mashed Potatoes & Gravy Assorted Fruit	9 Assorted Cereal w/ Graham Crackers ***** BBQ Rib Sandwich Oven Baked Fries Assorted Fruit	10 Mini Filled Bagels ***** Dominos Cheese Pizza Fresh Broccoli Florets Assorted Fruit
13 Honey Bun ***** Tony's Pizza Fresh Baby Carrots Assorted Fruit	14 Assorted Cereal w/ Graham Crackers ***** Turkey & American Cheese Sandwich Steamed Carrots Assorted Fruit	15 Assorted Fruit Frudel ***** Crispy Chicken Tenders Mashed Potatoes & Gravy Fresh Fruit	16 No School	17 No School
20 Trix Yogurt Cup w/ Graham Crackers ***** Orange Chicken Brown Rice Steamed Broccoli Assorted Fruit	21 Assorted Cereal w/ Graham Crackers ***** Pulled Pork Sandwich Oven Baked Fries Assorted Fruit	22 Maple Pancake Sausage on a Stick ***** Cheese Quesadilla Refried Beans Assorted Fruit	23 Assorted Cereal w/ Graham Crackers ***** Cheeseburger Golden Corn Assorted Fruit	24 Large Muffin ***** Dominos Cheese Pizza Seasoned Green Beans Assorted Fruit
27 Mini Pancakes ***** Corn Dog Baked Beans Assorted Fruit	28 Assorted Cereal w/ Graham Crackers ***** Turkey & Cheese Panini Fresh Cherry Tomatoes Assorted Fruit	29 Large Muffin ***** Mac N Cheese Entrée Seasoned Green Beans Assorted Fruit	30 Assorted Cereal w/ Graham Crackers ***** Hot Ham & Cheese on Bun Fresh Broccoli Florets Assorted Fruit	31 Cinnamon Roll ***** Dominos Cheese Pizza Seasoned Carrots Assorted Fruit

\*\*\*Menu subject to change!

**Breakfast includes:**

- Menu item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

**Lunch includes:**

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

**Daily Alternate Lunch Entrée**

Peanut Butter and Jelly Sandwich  
 Blackcat Pack – Yogurt & Graham Crackers

**Meal Prices**

Student Breakfast \$0.00  
 Student Lunch \$2.40

Adult Breakfast \$1.60  
 Adult Lunch \$3.25

## School News

March 1<sup>st</sup> – Ash Wednesday  
 March 2<sup>nd</sup> – Dr. Suess's Birthday  
 March 6<sup>th</sup> – 10<sup>th</sup> – National School Breakfast Week!!  
 March 16<sup>th</sup> – No School / Parent Teach Conferences  
 March 17<sup>th</sup> – No School

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunklin.revtrak.net>.  
 Help hint: deposit \$50.40 into your students account for lunch this month

\*\*\*\*\*Every grain item is whole grain

USDA is an equal opportunity provider and employer.





# MARCH 2017 Pevely Elementary



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>DID YOU KNOW...</b> March was the first month of the year until the Gregorian calendar began to be used in 1752.		<b>1</b> Breakfast Sliders ***** Toasted Cheese Sandwich Tomato Soup Fresh Fruit	<b>2</b> Assorted Cereal w/ Graham Crackers ***** Homemade Pizza Green Peas Fresh Fruit	<b>3</b> Honey Bun ***** Beef Nachos w/ Nacho Cheese Sauce Shredded Lettuce & Diced Tomatoes Refried Beans Chilled Fruit
<b>6</b> Sliced Banana Bread ***** BBQ Rib Sandwich BBQ Beans Fresh Fruit	<b>7</b> Assorted Cereal w/ Graham Crackers ***** Pancakes Sausage Link Tater Tots Baked Cinnamon Apples	<b>8</b> Egg & Cheese Sandwich ***** Oven Roasted Chicken Buttered Noodles Seasoned Green Beans Chilled Fruit	<b>9</b> Assorted Cereal w/ Graham Crackers ***** Dominos Pizza Steamed Broccoli Chilled Fruit	<b>10</b> Mini Waffles ***** Breaded Fish Sandwich Pea & Carrot Medley Fresh Fruit
<b>13</b> Mini Pancakes ***** Cheeseburger Oven Baked Fries Chilled Blueberries	<b>14</b> Assorted Cereal w/ Graham Crackers ***** Tony's Pizza Steamed Carrots Chilled Strawberries	<b>15</b> Breakfast Sliders ***** Crispy Chicken Tenders Mashed Potatoes & Gravy Fresh Fruit Shamrock Cookie	<b>16</b> No School	<b>17</b> No School
<b>20</b> Large Muffin ***** Pulled Pork on Bun Oven Baked Fries Chilled Fruit	<b>21</b> Assorted Cereal w/ Graham Crackers ***** Ham & Cheese Panini BBQ Beans Fresh Fruit	<b>22</b> Yogurt w/ Graham Crackers ***** Turkey Roast w/ Gravy Warm Dinner Roll Mashed Potatoes & Gravy Fresh Fruit	<b>23</b> Assorted Cereal w/ Graham Crackers ***** Domino's Pizza Steamed Broccoli Chilled Fruit	<b>24</b> Mini Filled Bagel ***** Mac N Cheese Entrée Warm Dinner Roll Green Peas Chilled Fruit
<b>27</b> Egg, Cheese, Sausage Tac-Go ***** Chicken Patty Sandwich Mashed Potatoes & Gravy Chilled Fruit	<b>28</b> Assorted Cereal w/ Graham Crackers ***** Sweet & Sour Chicken Brown Rice Steamed Broccoli Fresh Fruit	<b>29</b> Warm Cinnamon Roll ***** Beef Soft Taco Salsa Refried Beans Chilled Fruit	<b>30</b> Assorted Cereal w/ Graham Crackers ***** Homemade Pizza Green Peas Fresh Fruit	<b>31</b> Breakfast Boat ***** Fish Shapes Green Peas Chocolate Chip Cookie Chilled Fruit

\*\*\*Menu subject to change!

## Breakfast includes:

- Menu item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

## Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

## Daily Alternate Lunch Entrée

Peanut Butter and Jelly Sandwich  
 Blackcat Pack – Yogurt & Graham Crackers  
 (Tuesday/Thursday), Cheese Sticks w/ Soft Pretzel  
 (Monday/ Wednesday/Friday)

## Meal Prices

Student Breakfast \$0.00  
 Student Lunch \$2.40

Adult Breakfast \$1.60  
 Adult Lunch \$3.25

## School News

March 1<sup>st</sup> – Ash Wednesday  
 March 2<sup>nd</sup> – Dr. Suess's Birthday  
 March 6<sup>th</sup> – 10<sup>th</sup> – National School Breakfast Week!!  
 March 16<sup>th</sup> – No School / Parent Teacher Conferences  
 March 17<sup>th</sup> – No School

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunklin.revtrak.net>.

Help hint: deposit \$50.40 into your students account for lunch this month

\*\*\*\*\*Every grain item is whole grain

USDA is an equal opportunity provider and employer.





# MARCH 2017

## Herculaneum High & Senn Thomas Middle Breakfast



### MONDAY

#### DID YOU KNOW...

March was the first month of the year until the Gregorian calendar began to be used in 1752.

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

\*\*\*Menu is subject to change!

#### Breakfast includes:

- Entrée of bread and/or protein
- 100% 4 oz Juice
- ½ c fresh, frozen, canned fruit
- Choice of Cold Milk

#### Daily Alternate Breakfast Entrée

- Chocolate or Powdered Donuts
- Honey Bun
- Fruit & Yogurt Parfait w/Granola
- Assorted Cereal w/ Graham Crackers
- Assorted Benefit Bars
- Assorted Poptart
- Assorted Large Muffins

#### Meal Prices

Student Breakfast \$0.00  
Student Lunch \$2.50

Adult Breakfast \$1.60  
Adult Lunch \$3.25

### School News

March 1<sup>st</sup> – Ash Wednesday  
March 2<sup>nd</sup> – Dr. Suess's Birthday  
March 6<sup>th</sup> – 10<sup>th</sup> – National School Breakfast Week!!  
March 16<sup>th</sup> – No School / Parent Teach Conferences  
March 17<sup>th</sup> – No School

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunklin.revtrak.net>.  
Help hint: deposit \$52.50 into your students account for lunch this month!

\*\*\*\*\*Every grain item is whole grain

USDA is an equal opportunity provider and employer.



1

Dutch Waffle w/  
Sausage Link  
Or  
Bagel w/ Cream Cheese  
Assorted 100% Fruit Juice  
Assorted Fruit

2

Maple Pancake Sausage  
on a Stick  
Or  
French Toast Sticks  
Assorted 100% Fruit Juice  
Assorted Fruit

3

Breakfast Boat  
Or  
Pancakes  
Assorted 100% Fruit Juice  
Assorted Fruit

6

Breakfast Bites  
Or  
Mini French Toast  
Assorted 100% Fruit Juice  
Assorted Fruit

7

Donut Holes  
Or  
Breakfast Boat  
Assorted 100% Fruit Juice  
Assorted Fruit

8

Breakfast Pizza  
Or  
Pancakes  
Assorted 100% Fruit Juice  
Assorted Fruit

9

Sausage & Cheese  
Biscuit  
Or  
Warm Baked Cinnamon  
Roll  
Assorted 100% Fruit Juice  
Assorted Fruit

10

Biscuits & Sausage Gravy  
Or  
Mini Filled Bagels  
Assorted 100% Fruit Juice  
Assorted Fruit

13

Dutch Waffle w/ Sausage  
Link  
Or  
Assorted Bagels w/ Cream  
Cheese  
Assorted 100% Fruit Juice  
Assorted Fruit

14

Iced Long John  
Or  
Jumbo Waffles  
Assorted 100% Fruit Juice  
Assorted Fruit

15

Assorted Fruit Frudel  
Or  
Cheesy Scrambled Eggs &  
Biscuit  
Assorted 100% Fruit Juice  
Assorted Fruit

16

No School

17

No School

20

Breakfast Sliders  
Or  
French Toast Sticks  
Assorted 100% Fruit Juice  
Assorted Fruit

21

Sausage & Cheese Bagel  
or  
French Toast Sticks  
Assorted 100% Fruit Juice  
Assorted Fruit

22

Maple Pancake Sausage  
on a Stick  
Or  
Mini Filled Bagels  
Assorted 100% Fruit Juice  
Assorted Fruit

23

Breakfast Sliders  
Or  
Assorted Bagels w/  
Cream Cheese  
Assorted 100% Fruit Juice  
Assorted Fruit

24

Donut Holes  
Or  
Breakfast Boat  
Assorted 100% Fruit Juice  
Assorted Fruit

27

Egg & Cheese English  
Muffin  
Or  
Pancakes  
Assorted 100% Fruit Juice  
Assorted Fruit

28

Iced Long John  
Or  
Breakfast Pizza  
Assorted 100% Fruit Juice  
Assorted Fruit

29

Cheesy Scrambled Eggs  
w/ Biscuit  
Or  
Assorted Fruit Frudel  
Assorted 100% Fruit Juice  
Assorted Fruit

30

Sausage & Cheese  
English Muffin  
Or  
Jumbo Waffles  
Assorted 100% Fruit Juice  
Assorted Fruit

31

Sausage, Egg, & Cheese  
Biscuit  
Or  
Warm Baked Cinnamon  
Roll  
Assorted 100% Fruit Juice  
Assorted Fruit



# MARCH 2017

## Senn Thomas Middle School



### MONDAY

#### DID YOU KNOW...

March was the first month of the year until the Gregorian calendar began to be used in 1752.

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

\*\*\*Menu subject to change!

#### Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

#### Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Chef or Chicken Caesar Salads
- Pizza (rotating variety)

#### Meal Prices

Student Breakfast \$0.00  
Student Lunch \$2.50

Adult Breakfast \$1.60  
Adult Lunch \$3.25

### School News

March 1<sup>st</sup> – Ash Wednesday  
March 2<sup>nd</sup> – Dr. Suess's Birthday  
March 6<sup>th</sup> – 10<sup>th</sup> – National School Breakfast Week!!  
March 16<sup>th</sup> – No School / Parent Teach Conferences  
March 17<sup>th</sup> – No School

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunklin.revtrak.net>.  
Help hint: deposit \$52.50 into your students account for lunch this month!

\*\*\*\*\*Every grain item is whole grain

USDA is an equal opportunity provider and employer.



1

Breaded Fish Shapes  
Mac & Cheese  
Baked beans  
Assorted

2

Cheese Steak Sandwich  
on Hoagie  
Sauteed Peppers &  
Onions  
Oven Baked Fries  
Assorted Fruit

3

Chicken Alfredo  
Warm Dinner Roll  
Seasoned Green Beans  
Assorted Fruit  
Tuna Plate

6

Dominos Pizza  
(Sausage, Cheese, or  
Pepperoni)  
Golden Corn  
Assorted Fruit

7

Country Fried Steak  
Warm Dinner Roll  
Mashed Potatoes & Gravy  
Assorted Fruit

8

National Breakfast Week!  
Pancakes  
Sausage Patties  
Tater Tots  
Assorted Fruit

9

BBQ Rib Sandwich  
Oven Baked Fries  
Assorted Fruit

10

Chicken Quesadilla  
Or  
Cheese Quesadilla  
Spanish Rice  
Refried Beans  
Assorted Fruit

13

Dominos Pizza  
(Sausage, Cheese, or  
Pepperoni)  
Seasoned Green Beans  
Assorted Fruit

14

Bosco Sticks  
Marinara Sauce  
Rotini Marinara  
Steamed Broccoli  
Assorted Fruit

15

Crispy Chicken Tenders  
Breadstick  
Mashed Potatoes & Gravy  
Fresh Fruit

16

No School

17

No School

20

Dominos Pizza  
(Sausage, Cheese, or  
Pepperoni)  
Green Peas  
Assorted Fruit

21

Oven Roasted Chicken  
Warm Dinner Roll  
BBQ Beans  
Assorted Fruit

22

Beef Soft Taco  
w/ Shredded Lettuce and  
Cheddar Cheese  
Salsa  
Refried Beans  
Assorted Fruit

23

Pulled Pork on Bun  
Oven Baked Fries  
Assorted Fruit

24

Broccoli Cheese Soup in  
Bread Bowl  
Steamed Carrots  
Assorted Fruit

27

Dominos Pizza  
(Sausage, Cheese, or  
Pepperoni)  
Steamed Carrots  
Assorted Fruit

28

Corn dog  
Oven Baked Fries  
Baked Beans  
Assorted Fruit

29

Orange Chicken  
Brown Rice  
Steamed Broccoli  
Assorted Fruit

30

Turkey Roast w/ Gravy  
Warm Dinner Roll  
Mashed Potatoes & Gravy  
Fresh Fruit

31

Breaded Fish Sandwich  
w/ American Cheese  
Seasoned Green Beans  
Assorted Fruit



# MARCH 2017 Herculanenum High School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>DID YOU KNOW...</b> March was the first month of the year until the Gregorian calendar began to be used in 1752.		1 Breaded Fish Sticks Bread Stick Oven Baked Fries Assorted Fruit	2 Oven Roasted Chicken Warm Dinner Roll Buttered Noodles BBQ Beans Assorted Fruit	3 Dominos Pizza (Sausage, Cheese, or Pepperoni) Green Peas Assorted Fruit
6 Chicken Alfredo Breadstick Seasoned Green Beans Assorted Fruit	7 National Breakfast Week! Pancakes Sausage Patties Tater Tots Assorted Fruit	8 Country Fried Steak Warm Dinner Roll Mashed Potatoes & Gravy Golden Corn Assorted Fruit	9 BBQ Rib Sandwich Oven Baked Fries Assorted Fruit	10 Chicken Quesadilla Or Cheese Quesadilla Spanish Rice Refried Beans Assorted Fruit  Dominos Still Available
13 Cheese Steak Sandwich on Hoagie Sautéed Peppers & Onions Oven Baked Fries Assorted Fruit	14 Broccoli Cheese Soup in Bread Bowl Steamed Carrots Assorted Fruit	15 Crispy Chicken Tenders Breadstick Mashed Potatoes & Gravy Golden Corn Fresh Fruit	16 No School	17 No School
20 Orange Chicken Veggie Egg Roll Brown Rice Steamed Broccoli Assorted Fruit	21 Pulled Pork Sandwich Oven Baked Fries Assorted Fruit	22 Beef Nachos with White Queso Shredded Lettuce & Diced Tomato Refried Beans	23 Turkey Roast w/ Gravy Biscuit Mashed Potatoes & Gravy Golden Corn Fresh Fruit	24 Breaded Fish Sandwich w/ American Cheese Seasoned Green Beans Assorted Fruit  Dominos Still Available
27 Corn dog Oven Baked Fries Baked Beans Assorted Fruit	28 Italian Supreme Turkey & Cheese Panini Tossed Italian Salad Assorted Fruit	29 BBQ Chicken Mac N Cheese Seasoned Green Beans Assorted Fruit	30 Hot Ham & Cheese on Bun Tomato Soup Assorted Fruit	31 Dominos Pizza (Sausage, Cheese, or Pepperoni) Seasoned Carrots Assorted Fruit

\*\*\*Menu subject to change!

## Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

## Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Salad Bar
- Deli Bar
- Pizza (rotating variety)

## Meal Prices

Student Breakfast \$0.00  
 Student Lunch \$2.50

Adult Breakfast \$1.60  
 Adult Lunch \$3.25

## School News

March 1<sup>st</sup> – Ash Wednesday  
 March 2<sup>nd</sup> – Dr. Suess's Birthday  
 March 6<sup>th</sup> – 10<sup>th</sup> – National School Breakfast Week!!  
 March 16<sup>th</sup> – No School / Parent Teacher Conferences  
 March 17<sup>th</sup> – No School

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunklin.revtrak.net>. Help hint: deposit \$52.50 into your students account for lunch this month!

\*\*\*\*\*Every grain item is whole grain

USDA is an equal opportunity provider and employer.

